

# OMAN DIVE CENTER

Managed by Extra Divers Worldwide



## Standard Safe Diving Practices & Liability Release

This is a statement in which you are informed of the established safe diving practices for skin and scuba diving. Your signature on this statement is required as proof that you are aware of your assumption of risk and of the established safe diving practices.

Read and discuss the statement prior to signing it.

If you are a minor, this form must also be signed by a parent or guardian.

### I understand that as a diver I should:

1. Maintain good mental and physical fitness for diving. Avoid being under the influence of alcohol or dangerous drugs when diving. Keep proficient in diving skills, striving to increase them through continuing education and reviewing them in controlled conditions after a period of diving inactivity.
2. If I'm 45 or older, submit a medical statement of fitness for diving not older than 12 months.
3. Listen carefully to dive briefings and directions and **always follow the instructions** of the dive instructors or guides.
4. Dive within the limits of my certification: **SD - 12m with a guide; OWD - 18m; AOWD - 30m; Deep Diver - 40m.**
5. Respect the imposed maximum bottom time of **60 minutes** for all dives.
6. Monitor the tank pressure of both mine and my buddy's tank. **Minimum remaining tank pressure after the dive: 40 bar**
7. Make a **safety stop at 5 m/15 feet** for at least **3 min** at the end of **each dive**.
8. Ensure all dives are **NO DECOMPRESSION DIVES** and allow for a margin of safety. Monitor depth and time underwater.
9. **NEVER DIVE ALONE!**
10. Adhere to the **buddy system** throughout every dive. Plan dives including communications, and emergency procedures.
11. In case of separation, **search no longer than 1 minute underwater**, then ascend to the surface and ask for help.
12. Use complete, well-maintained, reliable equipment, and inspect it for correct fit and function prior to each dive.
13. Always do a **pre-dive safety check**, and notify the dive center staff if any part of my equipment is not working properly.
14. Be proficient in the use of the **dive computer** and dive tables. **The use of a dive computer is compulsory.**
15. **Not dive 24 hours prior to flying.**
16. Wait a minimum of 12 hours before diving after an international long distance flight.
17. Maintain proper buoyancy. Adjust my weights and maintain neutral buoyancy while underwater. Take care of the underwater environment.
18. Take a refresher course if it has been 12 months or more since my last dive.

I understand the importance of these established practices. I hereby deny myself the right to sue OMAN DIVE CENTER or any of its employees. I recognize that these rules are for my own safety and wellbeing.

I also understand that if I have **less than 20 logged dives** I must dive with a guide from the OMAN DIVE CENTER.

The surcharge is **2 RO per person and per dive.**

### **LIABILITY RELEASE AND EXPRESS ASSUMPTION OF RISK**

#### **I am personally responsible and liable for any damage or loss of rental equipment belonging to the OMAN DIVE CENTER**

I hereby release OMAN DIVE CENTER of any liability for lost or damaged private equipment and belongings.

I hereby affirm that I have been well advised and thoroughly informed of the inherent hazards of skin and scuba diving.

I further understand that diving trips may be conducted at a site that is remote, either by time or/and distance from a recompression chamber.

I still choose to proceed with this diving charter in spite of the absence of a recompression chamber in proximity to the dive site.

I hereby personally assume all risks in connection with this activity for any harm, injury or damage that may result through my participation in any trips organized by OMAN DIVE CENTER

It is my intention by this instrument to exempt and release OMAN DIVE CENTER, its personnel and its properties from all liability whatsoever for personal injury, property damage or wrongful death caused by negligence of safe diving practices.

I have read the above statements and have had any questions answered to my satisfaction

Full name \_\_\_\_\_ Signature \_\_\_\_\_